Quarterly Progress tracker for
SRIRAMA EXPERIENCE COMPANION

Note: Mark ✓ against all the courses studied (fully/partially) for each week.

Name:
Quarter:

Sl No.	Module Title	Week-1	Week-2	Week-3	Week-4	Week-5	Week-6	Week-7	Week-8	Week-9	Week-10	Week-11	Week-12
1	108 times Chanting of 'Shrirama Jayarama Jaya Jayarama'												
2	Chanting of Nama-Ramayanam												
3	Chanting of Sanskhepa Ramayanam												
4	Chanting of Adityahridayam												
5	Chanting of Raghuveeragadyam												
6	Ramayana Ratnamala												
7	Srimad Valmiki Ramayanam - Navaha Parayanam												
8	Balakanda - A bird's eye view												
9	Ayodhya kanda - A bird's eye view												
10	Aranya kanda - A bird's eye view												
11	Kishkinda kanda - A bird's eye view												
12	Sundara kanda - A bird's eye view												
13	Yuddha kanda - A bird's eye view												
14	Sankshepa Ramayanam Discourse												
15	Adityahridayam Discourse												
16	Champu Ramayana - Balakanda												
17	Balakanda by Shankararama Sharma												
18	Nine gems from Sundarakanda												
	Sadhaka's initials												
	Guru's blessings												